



University of  
Pittsburgh

Center for Financial  
Education & Wellness

*Financial Wellness Newsletter*

“An investment in knowledge pays the best interest.” – Ben Franklin

WHAT'S IN THIS  
ISSUE:

- Introduction to our office
- Services we provide

Money, currency, dough, coinage, cash, bucks, etc. No matter what you call it, you need it, and you need to know how to manage it.

Money management is a journey, it not a destination.

## Meet Our Office

The Center for Financial Education and Wellness is a new office on campus that was established in 2020. Our office is here to give students the money lessons to navigate through college and beyond. **Our goal is to empower you with the knowledge and tools to make informed financial decisions and accomplish your financial goals for a lifetime.**

One of the many services we provide for students is learning to budget their money. Budgeting is the foundation of managing your money. Budgeting allows you to track your spending so that you do not overspend and so that you can allocate your money to appropriate places. Budgeting may be new to you, or you are budgeting already, and it is just not working out the way you thought it should.



## Services We Provide

Some other topics that we offer include identity theft, saving money, building credit, credit cards, repaying student loans and more.

We want to help you understand finances while in college and hopefully take the knowledge and practices you learn with us throughout the rest of your lives.

Planning for the future takes time, consideration, and money. Maybe you are interested in studying abroad or finding strategies for repaying student loan debt. The Center for Financial Education and Wellness talks to students about the importance of money management.

Students often are unsure about getting a first job. Perhaps you find that you are eligible to participate in the federal work-study program or you are interested in student employment, but you are not sure where to start. We are here to help, and we hope you will contact us for more information!

If you are interested in learning new techniques about money management, assistance when unplanned situations arise or just getting more comfortable with money management, we are here to help.



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The Center for  
Financial Education  
and Wellness is  
located in **Thackeray  
Hall**.

You can meet with a  
staff member by  
contacting our office.  
We can meet in  
person, via Teams or  
via Zoom.

We offer one-on-one  
counseling, group  
sessions, and virtual  
workshops!