NEW MEMBERS WELCOME
NO WAITING LIST!
NO COLLEGE EXPERIENCE REQUIRED!
GREAT VALUE, AFFORDABLE
SUMMER 2015
Course Catalog
NEW MEMBERS WELCOME
NO WAITING LIST!
NO COLLEGE EXPERIENCE REQUIRED!
GREAT VALUE, AFFORDABLE
REGISTRATION OPENS
APRIL 9, 2015
LOOK INSIDE FOR NEW EXCITING COURSES!
Welcome to the
Summer 2015 Term
of the Osher Lifelong Learning Institute
at the University of Pittsburgh

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Summer Term 2015
Dates and Deadlines
Important dates for OLLI (see audit section for additional dates):

April 15 ....................................................Summer Open House (10 a.m.–noon)
April 29 ....................................................Summer Open House (5–6:30 p.m.)
May 18 .....................................................Session 1 OLLI courses begin
May 25 .....................................................University closed (Memorial Day)
June 22–26 ..............................................OLLI Break Week
June 29 .....................................................Session 2 OLLI courses begin
July 3 .......................................................University Closed in observance of Fourth of July

Have questions?
Go to our Web site.......................cgs.pitt.edu/osher
E-mail ..................................................osher@pitt.edu
Call ....................................................412-624-7308
### Osher Lifelong Learning Institute (OLLI) Summer Term 2015, OLLI Courses by Session

**SESSION 1: MAY 18–JUNE 20 (FIVE WEEKS)**  
*Instructor names listed in parentheses*

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<tbody>
<tr>
<td><strong>9:30–11:50 a.m.</strong></td>
<td><strong>10–10:50 a.m.</strong></td>
<td><strong>9:30 a.m.–12:20 p.m.</strong></td>
<td><strong>10–10:50 a.m.</strong></td>
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</tr>
<tr>
<td>Drawing and Painting Flowers (Bergstrom)</td>
<td>Get Strong, Get Fit, Get Moving! (Dyjak)</td>
<td>Westerns and Samurai Films (Aziz)</td>
<td>T’ai Chi Ch’uan, Level 1 (Section A) (Swartz)</td>
<td>Grief—A Different Way (Coyne)</td>
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<tr>
<td>10–11:50 a.m.</td>
<td>Beginning Level French: Communication Strategies (Sendek-Sapp)</td>
<td>Anatomy of Yoga (Calera/Reifer)</td>
<td>Advanced Conversational Spanish (Farber)</td>
<td>Institutional Investment Management (Hammerstein)</td>
</tr>
<tr>
<td>American Architectural History (Knight)</td>
<td>Monster Stories of the 19th Century (Wigгинton)</td>
<td>10–11:50 a.m.</td>
<td>Advanced Conversational Italian (Hertz)</td>
<td>Intermediate Conversational French: Hypothetically Speaking (Sendek-Sapp)</td>
</tr>
<tr>
<td>History of Africa (Lane)</td>
<td>10 a.m.–12:20 p.m.</td>
<td>TED Talks (Callahan)</td>
<td>Italian 2: Conversational Italian (Gavin)</td>
<td>Five Living American Authors Who Bend the Form (Mendelson)</td>
</tr>
<tr>
<td>Religion in Early America (Bailley)</td>
<td>The Politics of Sex (Hansen) (May 19, 26, June 2, and 9)</td>
<td>Zentagle® (Schneider)</td>
<td>Protecting Your Computer</td>
<td>1–2:50 p.m.</td>
</tr>
<tr>
<td>Tools, Tips, and Techniques for Creative Nonfiction (Levine)</td>
<td>11–11:50 a.m.</td>
<td>1–2:50 p.m.</td>
<td>The Last Days of Moses (Reinherz) (May 21, 28, and June 4)</td>
<td>Five Women Photographers (Silverman)</td>
</tr>
<tr>
<td>1–2:50 p.m.</td>
<td>Get Strong, Get Fit, Get Aerobicized! (Dyjak)</td>
<td>Americanica (Russell)</td>
<td>Noon–1:50 p.m.</td>
<td>Noon–1:50 p.m.</td>
</tr>
<tr>
<td>Advanced Beginner Spanish (Farber)</td>
<td>Noon–12:50 p.m.</td>
<td>Anton Chekhov’s Short Stories (Erlbe)</td>
<td>Italian 4: Conversational Italian (Hertz)</td>
<td>Italian 4: Conversational Italian*</td>
</tr>
<tr>
<td>Comparative Study of Ancient Near East Laws (Kossovsky)</td>
<td>T’ai Chi Ch’uan, Level 2 (Swartz)</td>
<td>Beethoven’s Variations (Hunt) (June 3, 10, and 17)</td>
<td>1–2:50 p.m.</td>
<td>Beginner Spanish (Farber)</td>
</tr>
<tr>
<td>Music of the Civil War (Casey)</td>
<td>1–2:50 p.m.</td>
<td>Noon–1:50 p.m.</td>
<td>Ekphrasis: Poetry on Art (Anastasiou)</td>
<td>T’ai Chi Ch’uan, Level 1 (Section B) (Swartz)</td>
</tr>
<tr>
<td>Nineteenth-Century Sculptors in Pittsburgh (June 1, 8, 15) (Grimes)</td>
<td>Advanced Intermediate Conversational French (Sendek-Sapp)</td>
<td>Using Mindfulness to Get and Stay Organized (Wilde)</td>
<td>Noon–1:50 p.m.</td>
<td>Noon–1:50 p.m.</td>
</tr>
<tr>
<td>The Art of the Portuguese Empire (Miller)</td>
<td>Reading Shakespeare: Julius Caesar and Selected Sonnets (Walton)</td>
<td>The Life and Films of Miloš Forman (Kappel)</td>
<td>1–2:50 p.m.</td>
<td>Beginner Spanish*</td>
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**SESSION 2: JUNE 29–AUGUST 1 (FIVE WEEKS)**  
*Instructor names listed in parentheses*

<table>
<thead>
<tr>
<th>MONDAY</th>
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<td><strong>10–11:50 a.m.</strong></td>
</tr>
<tr>
<td>Creative Watercolors (Bergstrom)</td>
<td>Get Strong, Get Fit, Get Moving!*</td>
<td>Anatomy of Yoga*</td>
<td>T’ai Chi Ch’uan, Level 1 (Section A) (Swartz)</td>
<td>Grief—A Different Way (Coyne)</td>
</tr>
<tr>
<td>10–11:50 a.m.</td>
<td>Beginning Level French: Communication Strategies (Sendek-Sapp)</td>
<td>American Opera and the Broadway Musical (Croan)</td>
<td>Advanced Conversational Spanish (Farber)</td>
<td>Institutional Investment Management (Hammerstein)</td>
</tr>
<tr>
<td>Decisions, Choices, Conflicts (Varvani)</td>
<td>Monster Stories of the 19th Century (Wigгинton)</td>
<td>Mindfulness Practice for Health, Wellbeing, and Behavior Change (R. King)</td>
<td>Advanced Conversational Italian (Hertz)</td>
<td>Intermediate Conversational French*</td>
</tr>
<tr>
<td>Restoration and Renewal (L. Brown/Curtiss) (July 6, 13, 20, and 27)</td>
<td>10 a.m.–12:20 p.m.</td>
<td>Terrorism (Kerpchar)</td>
<td>Italian 2: Conversational Italian (Gavin)</td>
<td>Hypothetically Speaking (Sendek-Sapp)</td>
</tr>
<tr>
<td>Understanding Andrew Carnegie (Gilmore)</td>
<td>Perception, Memory, and the Mind (Goldstein) (June 30, July 7, 14, and 21)</td>
<td>1–2:50 p.m.</td>
<td>The Politics of Sex (Hansen) (May 21, 28, and June 4)</td>
<td>Five Living American Authors Who Bend the Form (Mendelson)</td>
</tr>
<tr>
<td>1–2:50 p.m.</td>
<td>Get Strong, Get Fit, Get Aerobicized!*</td>
<td>Financial Success in Retirement (Dresbold/Tannenbaum)</td>
<td>Noon–1:50 p.m.</td>
<td>Noon–1:50 p.m.</td>
</tr>
<tr>
<td>Advanced Beginner Spanish*</td>
<td>Noon–12:50 p.m.</td>
<td>Let’s Listen to the Movies: The Evolution of Music Written for Film (Hunt)</td>
<td>Italian 4: Conversational Italian*</td>
<td>Beginner Spanish*</td>
</tr>
<tr>
<td>The Art of Venice (Miller)</td>
<td>T’ai Chi Ch’uan, Level 2*</td>
<td>Person, Place, and Thing (Stevens)</td>
<td>Noon–1:50 p.m.</td>
<td>T’ai Chi Ch’uan, Level 1 (Section B)*</td>
</tr>
<tr>
<td>The Viewpoint From Down South (Richards)</td>
<td>Noon–2:50 p.m.</td>
<td>Short Stories of The Paris Review (Reger)</td>
<td>Italian 4: Conversational Italian*</td>
<td>T’ai Chi Ch’uan, Level 1 (Section B)*</td>
</tr>
<tr>
<td>The Art of Venice (Miller)</td>
<td>Noon–2:50 p.m.</td>
<td>1–2:50 p.m.</td>
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<td>1–2:50 p.m.</td>
</tr>
<tr>
<td>Advanced Intermediate Conversational French*</td>
<td>Foreign Films (Shiffren)</td>
<td>T’ai Chi Ch’uan, Level 1 (Section A)*</td>
<td>Italian 4: Conversational Italian*</td>
<td>Beginner Spanish*</td>
</tr>
<tr>
<td>1–2:50 p.m.</td>
<td>How to Be Smart With Your iPhone (Fitlzgibbon)</td>
<td>T’ai Chi Ch’uan, Level 1 (Section A)*</td>
<td>T’ai Chi Ch’uan, Level 1 (Section B)*</td>
<td>Israel/Palestine (Frank/Whitehead) (July 9, 16, 23, 30)</td>
</tr>
<tr>
<td>Advanced Intermediate Conversational French*</td>
<td>Advanced Intermediate Conversational French*</td>
<td>T’ai Chi Ch’uan, Level 1 (Section A)*</td>
<td>Quiet Fire: The Music of James Taylor (P. King)</td>
<td>Quiet Fire: The Music of James Taylor (P. King)</td>
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<tr>
<td>1–2:50 p.m.</td>
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<td>3–4:50 p.m.</td>
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<td>Key Economic Issues in the United States (Williamson)</td>
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</tbody>
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*Continued from Session 1  **Course held off-campus; see course description for location

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**SATURDAY**

| 10–11:50 a.m. | Intermediate Digital Photography (Watkins) |

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**FRIDAY**

**Friday classes start on Friday, July 10 and end Friday, August 7**

**SESSION 2: JUNE 29–AUGUST 1 (FIVE WEEKS)**  
*Instructor names listed in parentheses*
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- Nationality Rooms ...................................................................... 12
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- Ekphrasis: Poetry on Art ............................................................. 9
- Five Contemporary Books I Wish I Had Written ......................... 15
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- Person, Place, and Thing ............................................................ 13
- Reading Shakespeare: *Julius Caesar* and Selected Sonnets .......... 7
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- Westerns and Samurai Films .................................................... 7

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- Restoration and Renewal** ...................................................... 11

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**Waiver required
Session 1: May 18–June 20 (five weeks)
(Note: Monday classes will not meet on May 25 and will end June 22)

**MONDAY**

9:30–11:50 a.m.

**Drawing and Painting Flowers**
*Elaine Bergstrom*

Explore the beauty of flowers with watercolors as you learn about their shapes, how to foreshorten, and how to mix greens. We paint several types of flowers and try different styles of flower painting.

10–11:50 a.m.

**American Architectural History: Antebellum Plantation Houses of the Old South**
*Edward Knight*

Were the romanticized images of *Gone with the Wind* historically accurate, or was the truth something else entirely? This course examines the evolution of plantation homes in the pre-Civil War American South, from bare-bones practicality to opulence. Regional variations and foreign architectural influences are discussed, as well as the effects of the immediate environment on design and construction. Because these houses were first and foremost peoples’ homes, lifestyles of some of the owners and their families also are explored.

1–2:50 p.m.

**Tools, Tips, and Techniques for Creative Nonfiction**
*Marty Levine*

History seems to come more alive, and become more important the more experience we gain, yet it becomes harder to access. Our own experiences also may be fascinating—if we find the best way to write them. This course helps you become a reporter and researcher: to research history here and nationally; find and interview the right subjects; and use stories, characters, and dialog to make your subjects live again for many readers.

1–2:50 p.m.

**Advanced Beginner Spanish**
*Nancy Farber*

(Note: This course runs 10 weeks. Students may register for only one level of Spanish.)

This is a course for students who have advanced beyond a beginning knowledge of Spanish and wish to further refine speaking, listening, and reading comprehension skills. Classroom practice focuses on the use of complex grammar, syntax, and vocabulary.

1–2:50 p.m.

**Comparative Study of Ancient Near East Laws**
*Ram Kossowsky*

The class reads and discusses laws of ancient Near East Societies: Babylon, Middle Assyria, Hatti, Tora and Quran composed between 1800 BCE and 650 CE. The laws studied are as written (no reference to external commentaries) civil laws, and cover the following categories: justice in court; family law—incest, marriage, divorce, child support, and rape; inheritance and permanence of landownership. Classes are conducted in a seminar format with full participation encouraged. We seek interpretations and understanding of the laws in light of the societies that conceived them, and for whom the laws were written.

1–2:50 p.m.

**History of Africa**
*Nicholas Lane*

This course covers African history through to the present and speculates on the continent’s future. For many years, Africa was thought of as the Dark Continent. Little was known of its history before the age of European exploration. More recently, it was scarred by the slave trade, dominated by outsiders, and generally treated as a side show in world politics. As our world gets smaller, and events in distant countries have impact on our own societies, we need to understand present-day Africa, and the strains and stresses derived from its history, particularly from the legacy of colonialism.

1–2:50 p.m.

**Religion in Early America**
*Emily Bailey*

This course offers a brief history of religion in early America from the Jamestown settlement through the Civil War. We consider the ways in which religion influenced early American life and the formation of American culture politically, socially, and intellectually through the lenses of key religious movements and leaders, as well as in light of tensions caused by gender, race, and class. Topics include the following: America’s Puritan roots, the Great Awakenings, Deism, communal religious experiments, the cult of true womanhood, transcendentalism, and religion and slavery with the advent of the American Civil War.

1–2:50 p.m.

**Music of the Civil War**
*Sara Casey*

The Civil War was the first American conflict with a musical soundscape. This course examines the music heard at all levels of society throughout the course of the war, from the singers and pianos in civilian parlors, to patriotic songs of the Union and the Confederacy, to the hymn-filled churches of people both free and enslaved, by composers known and unknown to people today.
Nineteenth-century Sculptors in Pittsburgh
Gary Grimes
(Note: This course runs three weeks: June 1, 8, and 15.)
Pittsburgh was home to a number of fine sculptors in the 19th century who left an impressive body of work in Pittsburgh and Western Pennsylvania. This past year, a number of works by little known Pittsburgh sculptors Frederick Mayer, William Spriestersbach, and others have been identified, including several important pieces at Allegheny Cemetery. Learn about them and see their work in two classroom sessions followed by a tour of Allegheny Cemetery on June 8.

The Art of the Portuguese Empire (1400–1800)
Rachel Miller
The 15th and 16th centuries saw Portugal expand from a small kingdom perched on the western end of Europe to a global naval empire based on trade. Portuguese exploration ushered in a new age characterized by the global circulation of knowledge, technology, and luxury goods. Portugal’s global dominance created profound cultural changes that endured long past the empire’s prime. In this course, we trace the artistic legacy of Portugal and examine the results of Portuguese artistic interaction with the inhabitants of Africa, India, China, Japan, and Brazil.

TUESDAY

10–10:50 a.m.

Get Strong, Get Fit, Get Moving!
Lucinda Dyjak
(Note: This course runs 10 weeks.)
Pilates, weight training, and Alexander Technique are all hot trends and healthy exercise—and hard to come by in just one course. This unique program draws from all these fields as well as others to provide an overall conditioning workout. All muscle groups gain strength, not bulk, and the stretching component enhances both physical and mental fitness. Wear comfortable, non-restrictive clothing. Members may only register for one of the Get Strong, Get Fit courses.

10–11:50 a.m.

Beginning Level French: Communication Strategies
Cathleen Sendek-Sapp
(Note: This course runs 10 weeks.)
This course is designed for students with little or no prior knowledge of French. We focus on mastering phrases and set structures that may be useful for communicating across a variety of situations. Students are encouraged to develop strategies to try to make themselves understood in instances where language proficiency may be lacking.

10 a.m.–12:20 p.m.

Monster Stories of the 19th Century
Rebecca Wigginton
This course explores the three most famous monster stories of the 19th century: Shelley’s Frankenstein, Stevenson’s The Strange Case of Dr. Jekyll and Mr. Hyde, and Stoker’s Dracula. We read about vampires, mad scientists, and unholy creatures while considering the nature of humanity, what constitutes good and evil, and what happens when science goes too far. Discussions include historical context and examination of the formal qualities of horror, such as experimental narrative styles.

11–11:50 a.m.

Get Strong, Get Fit, Get Aerobicized!
Lucinda Dyjak
(Note: This course runs 10 weeks.)
This program draws from principles of weight training, the Pilates technique, and others to provide an overall conditioning workout leading to better balance and greater bone density. As a bonus, this course also includes 15–20 minutes of low-impact aerobics or interval training with one-minute segments of aerobic activity. All muscle groups gain strength, not bulk, and the stretching enhances both physical and mental fitness. Wear comfortable, nonrestrictive clothing. Members may only register for one of the Get Strong, Get Fit courses.

Noon–12:50 p.m.

T’ai Chi Ch’uan, Level 2: Introduction to the T’ai Chi Form
Stanley Swartz
(Note: This course runs 10 weeks.)
The T’ai Chi form is a complex series of movements, more challenging than the Eight Methods. This course is designed for students who have completed Level 1: The Eight Methods of T’ai Chi a minimum of two times. (See the description for the prerequisite course in the Thursday course listings). Members may only register for one of the T’ai Chi courses.
1–2:50 p.m.

Advanced Intermediate Conversational French: Simply Conversation
Cathleen Sendek-Sapp
(Note: This course runs 10 weeks.)

This course is designed for those who have taken several French courses and are interested in strengthening their speaking abilities and comprehension. Each week’s lesson centers on a selected topic with the goal of building and recalling useful vocabulary. The class is conducted for the most part in French. No text is required.

Reading Shakespeare: Julius Caesar and Selected Sonnets
David Walton

This course focuses on how to read Shakespeare for understanding and appreciation, using a selection of sonnets and a representative play as examples. We begin by looking at the sonnets to identify characteristic features of Shakespeare’s style and method. We read aloud as much of the play as time allows. Members of the class read the different parts, and we pause frequently to explain and interpret passages. Discussions are wide-ranging, and students are invited to bring up their own questions and insights. In Julius Caesar, we are looking at a play that many of us read in high school, often as our first experience of Shakespeare. Like any reunion, we can expect to find many surprises, some disappointments, and possibly some insights into an experience we only partly understood before.

The Lyricists of Tin Pan Alley
Linda Marcus

The course examines the lyrics and lives of Irving Berlin, Oscar Hammerstein II, Larry Hart, Ira Gershwin, Dorothy Fields, Cole Porter, and Johnny Mercer. Their names have become synonymous with Tin Pan Alley and they are considered the giants of that period. Their music, loved by millions during their lifetime, still plays a part in our daily lives and has helped to pave the way for future generations of lyricists. They remain significant figures in the history of popular American music.

WEDNESDAY

9:30 a.m.–12:20 p.m.

Westerns and Samurai Films
Jeff Aziz

It is an open secret that Sergio Leone was legally compelled to make a large settlement because of the debt his 1964 Fistful of Dollars owed to Japanese director Akira Kurosawa’s 1961 Yojimbo. In a variety of ways, the American cowboy genre has been in a decades-long dialogue with the Japanese chambara, part of a cultural exchange embracing everything from the transistor radio to Elvis. This course examines the manner in which these related yet distinct film genres explore issues from violence to national identity.

10–10:50 a.m.

Anatomy of Yoga
Monica Calero and Cathy Reifer
(Note: This course runs 10 weeks.)

There is no denying that a yoga practice has multiple benefits, especially for older adults, from healthy bones to flexibility to anxiety relief. However, beginning a yoga practice as an older adult can be intimidating particularly if there are any health conditions or the person is out of shape. This introductory course is designed to teach yoga in a safe environment and to learn through anatomy lectures how to avoid getting injured and how to design a 15-minute personal yoga practice that meets individual needs. Participants should wear comfortable, loose fitting clothing and bring a yoga mat.

10:10 a.m.

TED Talks–Ideas Worth Spreading
Kathy Callahan

TED, a nonprofit that promotes ideas worth spreading, features talks by some of the world’s most engaging speakers on a wide variety of subjects. The TED Web site features more than 1,900 talks. We view, discuss, debate, and reflect on a few of these each session with topics including health, education, environment, and technology. Some talks are informational, addressing key issues of our day; others are inspirational messages. Group members are encouraged to select and lead discussions on talks that inspire them.

Zentangle®: Meditative Drawing
Sue Schneider

Zentangle® is a form of meditative drawing based on repetitive pattern drawing. It is done on a small scale and is non-intimidating even for those who don’t believe they have any artistic talent yet intriguing enough to inspire experienced artists as well. Anything is possible, one stroke at a time. With a few simple pen strokes, you can create beautiful, intriguing abstract works of art. Zentangle® is relaxing, exhilarating, creative, meditative, and just plain FUN. Art kits, ranging between $5 and $12, are available for purchase from the instructor or at an art supply store.

Looking for Audits?

You will note that audits are not listed in this catalog. There is a complete preapproved list at cgs.pitt.edu/opher/courses and in the OLLI lounge. In addition, all preapproved audits are on the OLLI registration site and can be registered for online.
1–2:50 p.m.

**Americana: Politics/Hollywood/Baseball**  
*Stephen V. Russell*

The pulse of a national presidential campaign, the allure of Hollywood’s Golden Age and baseball’s enduring hold on the American tradition all contribute to interest in preserving memorabilia associated with these segments of the American experience. Explore the world of artifacts from pin back buttons, vintage black and white photos, trading cards, postcards, posters, glassware, and the like. The 55-year-old collection of the instructor showcases Americana memorabilia.

**Anton Chekhov’s Short Stories**  
*Arthur Erbe*

Anton Chekhov’s short stories are varied in subject matter and style. He is one of the most important fiction writers of late 19th- and early 20th-century literature. His stories cover many aspects of life in Russia, but are universal in their ideas and themes. Reading at least 15 of his stories provides insight into characters’ minds, their problems, and their view of each other.

**Beethoven’s Variations**  
*John (Jno) L. Hunt*

(Note: This course runs for three weeks: June 3, 10, and 17.)

It is not too much to state that Beethoven was the master of the theme and variations form. He used this form throughout his entire career and across all of his genres. He inherited the time-proven form of fixed variations and expanded and modified it employing free variations in ways that have been unsurpassed. We listen to many of his variations and discuss what makes them so unique and innovative with the objective of improving our ability to be actively engaged as listeners.

10–11:50 a.m.

**Advanced Conversational Spanish**  
*Nancy Farber*

(Note: Students may register for only one level of Spanish.)

This course is for members with advanced Spanish language skills who wish to continue to practice reading, speaking, and listening. Weekly readings on a variety of topics provide the basis for group discussion.

**Italian 2: Conversational Italian**  
*Angela Hertz*

(Note: This course runs 10 weeks. Students may register for only one level of Italian.)

This course focuses on new vocabulary and grammar points, two past tense forms, future tense, and lots more. It is meant for those students who are continuing on in Italian 2 from Italian 1, as well as those who are already in Italian 2 and would like to remain at this level for one more semester. We cover new and different vocabulary and grammar than from the past semesters.

**Protecting Your Computer, Identity, and Finances**  
*Marty Gavin*

We know about security breaches in the world of computers. But, do you know how to protect yourself if you are not a techno nerd? Learn how hackers and government retrieve your information and what they do with it so that you can protect your privacy and fend off spammers.

**The Last Days of Moses**  
*Adam Reinherz*

(Note: This course runs three weeks: May 21, 28, and June 4.)

For many, Moses is aligned with plagues, Egypt, the Exodus, or parting of the Red Sea. Much is made of the miraculous moments of Moses’ life. But, what if his demise was even more sensational? With reliance upon biblical and midrashic literature, students follow Moses’ incredible biographical crescendo. And, while his concluding narrative is certainly spectacular, perhaps most shocking is its ultimate commonality.

THURSDAY

10–10:50 a.m.

**T’ai Chi Ch’uan, Level 1: The Eight Methods of T’ai Chi (Section A)**  
*Stanley Swartz*

(Note: This course runs 10 weeks.)

T’ai Chi is an ancient Chinese form of exercise that builds strength, balance, and flexibility. It improves posture through slow, fluid movements combined with mental imagery and deep breathing. Research has shown it reduces the risk of falls, lowers blood pressure, and reduces the pain and stiffness of arthritis. Other studies indicate the practice of T’ai Chi improves heart and blood vessel function in both healthy people and those with heart conditions. Eight simple but challenging movements introduce basic principles of T’ai Chi. This level may be repeated a number of times. Members may only register for one of the T’ai Chi courses.

11–11:50 a.m.

**T’ai Chi Ch’uan, Level 1: The Eight Methods of T’ai Chi (Section B)**  
*Stanley Swartz*

(Note: This course runs 10 weeks.)

See the course description under the T’ai Chi Ch’uan course description at 10 a.m. Please register for either Section A or Section B.
Noon–1:50 p.m.

**Italian 4: Conversational Italian**  
*Angela Hertz*

(Note: This course runs 10 weeks. Students may register for only one level of Italian.)

This course provides a more advanced study of Italian conversation. *It is meant for those students who have a higher level of Italian, for those who have been studying Italian 3 level at OLLI for a long time and want more conversation and a higher level of grammar. We review all the major grammar points along with vocabulary in order to create more complex thoughts and ideas in Italian. We expand upon what we have learned in the past and we create more fluency in Italian.*

1–2:50 p.m.

**Beginner Spanish**  
*Nancy Farber*

(Note: This course runs 10 weeks. Students may register for only one level of Spanish.)

This is a course for beginners that focuses on Spanish pronunciation, vocabulary, grammar, and useful expressions for travel. Classroom practice includes speaking, reading, and listening comprehension. *Spanish Demystified, 2nd edition is the required book for this course.*

**Ekphrasis: Poetry on Art**  
*Eleni Anastasiou*

Ekphrasis, a verbal description of art, might directly address the image, speak of it to others, meditate upon it, reveal the poet’s impressions, or even speak for its silent muse. Certain pieces, eras, or philosophical motifs seem to fascinate poets. Sometimes, there is admiration. At times, it seems more like a confrontation. Either way, it is a pretty much a one-sided conversation but one which students can explore with the instructor.

**Using Mindfulness to Get and Stay Organized**  
*Joyce Brandl Wilde*

The focus of this course is to teach you how to be organized as a way of living, rather than how to get temporarily organized. Learn to physically organize yourself and understand the emotional and mental roots that cause disorganization. The required text for this course is *The Wilde Woman’s Guide to Organizing in Five Simple Steps: Using Mindfulness to Change Your Habits.*

1–3:50 p.m.

**The Life and Films of Miloš Forman**  
*Megan Kappel*

*One Flew Over the Cuckoo’s Nest, Hair, Amadeus, Ragtime, The People vs. Larry Flynt,* So reads the filmography of acclaimed director and two-time Academy Award winner Miloš Forman. But what led a young man from Czechoslovakia, struck by tragedy at the hands of the Nazis, to become one of the quintessential voices of American film? How did Forman’s life shape his movies? How have his movies shaped our lives? We explore these questions by viewing clips from Forman’s films and interviews to discover what makes his movies haunt generations and leave their mark on modern cinema.

FRIDAY

10–11:50 a.m.

**Grief—A Different Way**  
*A. Barbara Coyne*

In this course, we explore a different way of thinking about and getting through grief, the natural companion of all loss. We begin by reviewing the contemporary experience of grief within the structure of the predominant explanatory model and identify two traditions that continue to influence the evolutionary arc of understanding grief. We then describe the model of grief—a different way of focusing on the critical work of grief flowing from it.

**Institutional Investment Management**  
*David Hammerstein*

The financial media have documented challenges and solutions for individual investors. But, how do institutions cope? Institutions benefit society by providing financial security for retirees, broader access to education and support to charities. The course reviews investment practices of institutions such as pension funds, endowments, and foundations. The course explains how an institution develops an investment strategy given its liabilities and beneficiaries’ entitlements. Key topics include: fiduciary obligations, governance, and management oversight; regulatory and legal issues; risk management; asset/liability management; liquidity management; capital market expectations; portfolio construction; selection of investment advisors; and performance measurement.

**Intermediate Conversational French: Hypothetically Speaking**  
*Cathleen Sendek-Sapp*

(Note: This course runs 10 weeks.)

This course explores verb tenses not covered in the past and present tense classes. Participants study the mechanics of the subjunctive, conditional, and future tenses in French and then use them in various classroom activities. Class time also includes working with passages from a selected reader. This course is geared to students who are not yet comfortable delivering simple sentences in French. Some prior knowledge of French is expected. Advanced speaking skills are not required.
Five Living American Authors Who Bend the Form
Abby Mendelson

From the outset, as soon as we create a literary form we simultaneously create its polar opposite: matter and anti-matter. These forms are not mere burlesques but instead something that, while keeping to the basic idea (in this case, narrative fiction), employs imaginative leaps not only to challenge the readers to think differently but also to fashion a hybrid fictional form, an entity entirely new. Heirs to a long line of literary tradition, from Laurence Sterne’s *Tristram Shandy* on down, these five American authors—Dave Eggers, Thomas Pynchon, Denis Johnson, Chuck Palahniuk, and Toni Morrison—have achieved extraordinary critical and popular success by challenging perceptions, subverting genres, and rendering worlds entirely new.

**1–2:50 p.m.**

**Advocacy 101: Using Your Voice, Time, and Talents for Change**
*Shelly Brown*

Hunger? Domestic violence? Accessible transportation? We all wish that we could do something about the social ills that we see every day—here is your chance. Individual and collective voices have power to affect real change; around the corner and across the globe. This course walks you through the history of advocacy in the United States with a focus on the Pittsburgh region, and provides a template for creating individual action plans for change.

**Five Women Photographers**
*Marc B. Silverman*

Looking at the lives and careers of Dorothea Lange, Imogen Cunningham, Dianne Arbus, Sally Mann, and Mary Ellen Mark we discuss their work in the context in which it was made, review some basic biography, and examine some gender-specific issues such as balancing work and family, gaining the same respect and opportunities as male colleagues, and evaluating evidence as to whether gender influenced their photographs.

**SATURDAY**

**10–11:50 a.m.**

**Intermediate Digital Photography**
*Germaine A. Watkins*

This course is for those who have a good general knowledge of their digital camera, an understanding of photography, and who want to learn while taking a walking trip! Composition, shutter, aperture, lighting, camera, and lens types are all discussed to give participants a better understanding and appreciation of the art of photography.

**Stravinsky**
*Owen Cantor*

(Note: This course runs three weeks: June 5, 12, and 19.)

Igor Stravinsky (1882–1971), perhaps the most important composer of the previous century, deserves our continued attention. What made Stravinsky so great? What were his life and times like? Was he a revolutionary or the logical conclusion of a vast Russian tradition? Who were other great composers he influenced? Was Stravinsky misunderstood? What was he like as a person? Legendary for precipitating a violent riot in Paris at the premiere of *The Rite of Spring (Le Sacre du Printemps)* ballet, Stravinsky composed a vast catalogue of memorable music. Many of these works are unfamiliar today to even knowledgeable music lovers! Curious? Are you Igor to learn more? Join the instructor and hear about one individual’s creative journey from Moscow to Hollywood.

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**Consider a Gift to OLLI Through Your Estate or Retirement Plan**

A charitable bequest for the benefit of the Osher Lifelong Learning Institute can be included in the body of your will or in an addition to your will (known as a codicil). OLLI also can be a beneficiary of your IRA or retirement account. Contact your account custodian to obtain a beneficiary designation form. For more information or to designate your gift further, please call 1-800-817-8943 or visit www.pitt.planyourlegacy.org.
OLLI COURSE DESCRIPTIONS
Session 2: June 29–August 1 (five weeks)
(Note: Friday courses begin on July 10 and end August 7.)

**MONDAY**

9:30–11:50 a.m.

**Creative Watercolors**  
*Elaine Bergstrom*

Explore the magic of watercolors and a variety of mediums, which produce creative techniques inspiring artists at any level. We mix traditional and nontraditional techniques with watercolor paints to increase creativity!

10–11:50 a.m.

**Decisions, Choices, Conflicts**  
*Filomena Varvaro*

Decisions, choices, and conflict are a necessary part of stories as well as in our daily lives. In this class, using a reader’s theater model, we read excerpts of selected published short stories. We focus on the various decisions, choices, and conflicts of the characters. We examine how the characters manage or non-manage the resulting conflict as well as the resulting consequences.

**Restoration and Renewal: The Cleanwater Act, Watershed Management, and Stream Restorations**  
*Lisa Brown and Zelda Curtiss*

(Note: This course runs four weeks: July 6, 13, 20, and 27.)

This course covers the history and importance of water resources in the Pittsburgh region, and how the Clean Water Act has changed our relationship with water. We explore the ongoing issues influencing water quality focusing on watershed management and stream restorations. Two case studies are highlighted: the Nine Mile Run Watershed and the Saw Mill Run Watershed. The first three classes are lectures, the last one is a field trip to Nine Mile Run Watershed. Participants who wish to take the field trip to Nine Mile Run should be able to walk at least one mile on flat terrain.

**Understanding Andrew Carnegie**  
*Peter Gilmore*

Andrew Carnegie may be the best-known name in Pittsburgh’s history, but the man and his legacy defy easy description. That is partly by design: Carnegie worked hard to define his legacy and control its complexities. Who was he, really? The immigrant workingman or the fabulously wealthy and successful industrialist? The merciless driver of workers or the builder of libraries? This course explores the many “Carnegies” and the meaning of this complex individual’s life and work.

1–2:50 p.m.

**Advanced Beginner Spanish**  
*Nancy Farber*

Continued from Session 1, this course runs 10 weeks.

**The Art of Venice**  
*Rachel Miller*

This course introduces students to Venetian art from the establishment of the Venetian Republic in the medieval period to the conquest of Venice by Napoleon in the late 18th century. We look at significant Venetian works of art and architecture and discuss the factors that influenced artistic production in Venice (for example, culture/historical context, artist, patron, function). Many of our discussions focus on Venice’s position as a gateway to the east and how this led to a cosmopolitan artistic environment.

**The Viewpoint From Down South**  
*Miles Richards*

Many American historians believed that the outbreak of American Civil War was due to the precipitated militant anti-slavery sentiment among the northern states. However, a notable minority of regional politicians had been advocating political independence for the southern slave states for many decades. This course studies the process by which extreme southerners convince their compatriots that Abraham Lincoln’s ascent to power had made secession the sole way to preserve southern civilization. Students also learn that underneath the states’ rights rhetoric, the preservation of slavery was the paramount issue.

**TUESDAY**

10–10:50 a.m.

**Get Strong, Get Fit, Get Moving!**  
*Lucinda Dyjak*

Continued from Session 1, this course runs 10 weeks.

10–11:50 a.m.

**Additive Manufacturing/3D-Printing: What It Is, How It Works, Why We Should Care**  
*Howard A. Kuhn*

Have you ever wondered about the buzz surrounding AM/3DP? No, it can’t make everything—but almost. This course explains all of the processes, how they work, and what they are used for. Participants experience the setup of a printer, learn the array of materials that are used, and examine some parts made by
AM/3DP. We walk through the design and production of some applications in industry, medicine, energy, and art. Finally, we consider the benefits and limitations of 3D-Printing and future directions of the industry. A general familiarity with geometry and physics is useful but not essential for this class.

**Beginning Level French: Communication Strategies**
*Cathleen Sendek-Sapp*

Continued from Session 1, this course runs 10 weeks.

**Nationality Rooms: Ethnic History and Cultures**
*E. Maxine Bruhns*

In this course, students view 29 Nationality and Heritage Rooms in the University of Pittsburgh’s Cathedral of Learning. The rooms, gifts to the University from Pittsburgh’s ethnic groups, represent cultures in the British Isles, Europe, Scandinavia, the Middle East, Asia, and Africa. The Nationality Rooms Program began in 1926 and has developed a vibrant Summer Study Abroad Scholarship program, ethnic festivals, concerts and special events. The course includes an historic video and exposure to *Secrets of the Cathedral of Learning*. Staff members describe the tour program and guide training, committee relations, special events, scholarships, and the Gift/Information Center.

**10 a.m.–12:20 p.m.**

**Perception, Memory, and the Mind**
*Bruce Goldstein*

(Note: This course runs four weeks: June 30, July 7, 14, and 21.) How does the mind, through processes largely hidden from our awareness, determine how we perceive, remember, and think? We begin by discussing what the mind is, illustrating its operation by considering some basic phenomena of visual and auditory perception. We then focus on memory, considering both the importance of memory, how it sometimes fails us, and how memory is affected by aging.

**11–11:50 a.m.**

**Get Strong, Get Fit, Get Aerobicized!**
*Lucinda Dyjak*

Continued from Session 1, this course runs 10 weeks.

**12 noon–1:50 p.m.**

**Foreign Films**
*David Shifren*

Despite one Hollywood director’s tongue-in-cheek dismissal of foreign cinema (“I make movies—leave filmmaking to the French!”), this course focuses on cinema that at times includes subtitles and boasts some of the best movies ever made. We consider how foreign films differ from their American counterparts in style, tone, sensibility, and story line as well as in their settings and characters. We discuss films of different genres. Films presented in previous classes are not repeated.

**1–2:50 p.m.**

**How To Be Smart With Your iPhone**
*Richard Fitzgibbon*

Many of us have adopted an iPhone as our go-to method of communication. Are you using your expensive device to make your life easier, or is the frustration level rising? This course develops your confidence level to the point where you can use your iPhone to assist rather than confound daily activities. Each student should have an account and be logged into the University of Pittsburgh Wi-Fi a week before class begins. An iPhone 4 or newer running iOS 7 or 8 should be brought to each class. Participants are encouraged to download and read the user manual (free) from Apple.

**Advanced Intermediate Conversational French: Simply Conversation**
*Cathleen Sendek-Sapp*

Continued from Session 1, this course runs 10 weeks.

**WEDNESDAY**

**10–10:50 a.m.**

**Anatomy of Yoga**
*Monica Calero and Cathy Reifer*

Continued from Session 1, this course runs 10 weeks.

**10–11:50 a.m.**

**American Opera and the Broadway Musical**
*Robert Croan*

Classical opera and Broadway are intertwined in the great legacy of American musical theater. This course traces the development of American opera from its roots in 19th-century European opera and operetta, to the 21st-century works that are now standard repertory on stages all over the world. DVDs are used for illustrations in each class session.
Mindfulness Practice for Health, Wellbeing, and Behavior Change
Richard King

Mindfulness is a simple mental exercise that attunes the mind and produces a focused state of calmness. Routine mindfulness practice changes the structure of the brain. The benefits of mindful breathing include reduction of stress, anxiety, depression, PTSD, and stress reactivity. Mindfulness also improves cardiovascular health, well-being, emotional regulation, impulse control, self-awareness, and cognitive control. This lecture/workshop format explores a variety of mindfulness practices. Students are encouraged to develop their own routine practices.

Terrorism
Gregory Kerpchar

This class provides students with the social, political, economic, and philosophical reasons for the development and spread of terrorism throughout the world. In addition, we examine potential dangers inherent in these practices. Special attention is given to domestic and international acts of terrorism that affect American citizens, interests and policies, and the response by the United States law enforcement community.

1–2:50 p.m.

Financial Success in Retirement
Seth Dresbold and Marc Tannenbaum

We examine the financial concerns retirees and pre-retirees may experience. IRAs, 401(k)s, Social Security, and income planning techniques and pitfalls all need to be properly understood to have the most successful and fulfilling retirement possible. We provide the tools to better understand investment, estate, insurance, tax, and other fundamental financial planning concepts that are imperative to ensure your retirement is something to look forward to and not something to fear.

10–10:50 a.m.

T’ai Chi Ch’uan, Level 1: The Eight Methods of T’ai Chi (Section A)
Stanley Swartz

Continued from Session 1, this course runs 10 weeks.

10–11:50 a.m.

Advanced Conversational Spanish
Jose Juves

This is your chance to practice your Spanish skills in a friendly atmosphere. The course strengthens your vocabulary, improves your pronunciation, and gives cultural background (history, customs, foods, music) about several Spanish-speaking countries. All effort is designed to teach you to speak and understand Spanish better.

Group Dynamics, Communication, Discussion, and Theory
Christine A. Galket

Everyone, everywhere has had experience working in, playing on or participating in groups and teams. But do you really understand what a group is and why they exist? Why they fall apart? And, how to be an effective group member? This course provides an in-depth understanding of everything there is to know about groups including some theory, communication, and discussion. The course includes lots of fun team-building activities and lots of opportunity for self-discovery!
Italian 2: Conversational Italian
Angela Hertz

Continued from Session 1, this course runs 10 weeks.

Monarchs and Other Butterflies and How You Can Help
Gabi Hughes and Roxanne Swann

(Note: This course runs three weeks: July 9, 16, and 23, and meets at Beechwood Farms, 614 Dorsevyle Road, Fox Chapel, PA 15238.)

Butterflies are fascinating flying jewels that can guide us towards a closer relationship with the natural world. In this three-session course at Beechwood Farms Nature Reserve, we learn how to identify common local species, understand how they interact with their environment, and learn how to create backyard butterfly habitat using native plant species. Students also are trained in the Monarch Larva Monitoring Project (MLMP), a citizen science program that gathers critical data on monarch caterpillars. Each session involves some time outside and some walking. Please wear comfortable shoes, hat, and sunscreen. Students have the opportunity to purchase field guides of their choice at the Audubon Nature Store, but it is not required.

11–11:50 a.m.

T’ai Chi Ch’uan, Level 1: The Eight Methods of T’ai Chi (Section B)
Stanley Swartz

Continued from Session 1, this course runs 10 weeks.

Noon–1:50 p.m.

Italian 4: Conversational Italian
Angela Hertz

Continued from Session 1, this course runs 10 weeks.

1–2:50 p.m.

Beginner Spanish

Continued from Session 1, this course runs 10 weeks.

Israel/Palestine: Two Perspectives
Ivan Frank and Tina Whitehead

(Note: This course runs four weeks and begins on July 9.)

The course focuses on Israel and Palestine, covering the period from 1860 to the present. The approach taken is both historical and experiential. Time is given at the end of each of the final three classes for questions, providing the participants with an opportunity to engage with more than one perspective.

Quiet Fire: The Music of James Taylor
Peter King

Hear a few notes from his guitar, and you know it is James Taylor. Now 66, the writer of Fire and Rain, Don’t Let Me Be Lonely Tonight, and Walking Man has influenced pop, folk, and country music with his unique sense of jazz-tinged chords and syncopated rhythms. Even when Taylor sings someone else’s songs, he can make them his own. We explore what makes Taylor’s music original. Through guided listening to Taylor’s recordings as well as to songs played live by the instructor on his guitar, the class gains a deeper appreciation of the art of Sweet Baby James.

3–4:50 p.m.

Key Economic Issues in the United States
Sandra D. Williamson

In this course, we look at some key economic issues facing the United States. We begin with a discussion of the current state of the economy and its outlook over the next few years. Then we focus on three hot-button issues: energy, income inequality, and immigration. Lastly, we look at how growth in U.S. energy output is affecting the chronic U.S. trade deficit and the overall balance of payments. Students should have access to the Internet for suggested readings.

FRIDAY

(Note: no class on July 3, the last Friday class is on August 7)

9:30–11:50 a.m.

Introduction to Vegetarian Cooking
Dona M. Albert

Whether you want to start eating a plant-based diet, or learn how to cook for your vegetarian friends and family members, this course is a good place to start. The first class introduces you to vegetarian eating with samples of ready-made foods to help in menu planning. The remaining classes highlight meatless recipe options for sandwiches, soups, entrée salads, and main dishes. Come learn how simple and tasty eating vegetarian can be. There is a $25 materials fee which can be payable to the instructor at the first class. This course will be held off site.

10–11:50 a.m.

Intermediate Conversational French:
Hypothetically Speaking
Cathleen Sendek-Sapp

Continued from Session 1, this course runs 10 weeks.
Medea at Corinth
Natalia Hudelson

Medea, the sorceress who helped Jason steal the Golden Fleece, wound up in Corinth as an unhappy, jilted ex-wife—or so tradition holds. In this class, we unpack the development of the myth of Medea with particular attention to her connection with the city of Corinth. Literary evidence spanning more than a thousand years, the complex archaeological site of ancient Corinth, and Athenian vases contribute to an enhanced understanding of this myth.

Five Contemporary Books I Wish I Had Written
Abby Mendelson

Paul Simon, the first Saturday Night Live guest host, introduced fellow songwriter Randy Newman, the first musical guest, by saying, “this is a song I wish I had written.” It was Newman’s wry, wonderful Sail Away, a song about slavery. The instructor similarly kept track of books that are so brilliant, incisive, and wonderfully written that all he can say is that he wishes he had written them. This course carries no greater message or connective than that. These five books are about Americans, although one was written by a Briton. They take place all over the world, the real province of Americans these days. And, they all cut to the heart of the human condition—land, family, creativity, loss, and politics. Required texts are But Beautiful and The Weather in Berlin.

Have You Signed in to OLLI Online?

Besides registering for courses and purchasing or renewing your membership, once you have accessed your OLLI account online you can update your personal information if changes occur in your address, phone number, or e-mail. Plus, you can review your registration history since summer 2013 term and check your membership status. Also, during the term, you can check up-to-date room assignments and more. If you have not accessed your OLLI account online, see page 24 for details on how you can take advantage of this self-service option.

Astronomy Through the Ages
Jerod Caligiuri

This course is a chronological overview of the development of astronomy. This history runs parallel to human existence, as we grapple with our understanding of the world around us. We begin with the dawn of civilizations and progress to modern astronomical pursuits. Although it is not possible to discuss every scientific advancement through human history, we certainly discuss key moments and examples in this journey.

Friedrich Nietzsche: His Life and Ideas
Charles Hier

Nietzsche is infamous for his association with German militarism. His Thus Spake Zarathustra was given by German military authorities to their troops in WWI and the Nazis interpreted his ideas as anti-Semitic and sought to exploit them together with his idea of the ubermensch. Moreover, Nietzsche fell into insanity raising the question of whether his project of trans-valuing all values led him there. We examine his life and writings to try to understand his ideas.
Auditing is a unique feature of the OLLI program at the University of Pittsburgh. “Audit” means you earn no credit and generally do not participate in homework and exams. This enjoyable low-pressure environment provides the added benefit of interaction with younger college students. If you are unsure if auditing a course is the right fit for you, please contact the OLLI office so we can discuss the benefits and responsibilities of auditing.

Please note: Auditing is a privilege and not a right of membership. Auditors are guests of the classes they attend and participation can be limited or restricted by the professor or department. OLLI reserves the right to remove any member from an audit course for any reason.

COURSE AUDIT PROCEDURES AND POLICIES

REGISTRATION

A complete listing of all preapproved courses available to audit is available online and in the OLLI lounge. We are no longer publishing audit courses in the catalog. We apologize for any inconvenience.

Online registration is available for preapproved courses only. Phone registration is not available for any audit courses. Registration as an OLLI auditor does not guarantee a space in the course. If you arrive at the course and all seats are filled, you may need to drop the course and select an alternate. For this reason, and because space is limited, please list an alternate course on your registration form.

Additional information about registering can be found on page 24.

AUDITING COURSES NOT LISTED ON THE APPROVED LIST

You may audit a course not listed on the approved list but listed in the University’s schedule of classes by securing special permission of the instructor to audit the course. Complete the special permission section on the registration form or attach an e-mail from the instructor granting permission to audit the course. A print copy of the term’s courses is available in the OLLI lounge. You may view the University’s summer term classes online at registrar.pitt.edu/courseclass.html. Please note that this is a large file. You may view the course schedule and course descriptions online for the Dietrich School of Arts and Sciences at courses.as.pitt.edu (2157 is summer term).

AUDITING RESPONSIBILITIES/EXPECTATIONS

• As an auditor, you are a guest in the class. The extent of your participation in class is at the discretion of the individual instructor. Therefore, seek permission from your instructor if you wish to verbally participate, do the written assignments, or take quizzes/exams. Please respect the students and instructor throughout the course.

• Obtain access to CourseWeb BEFORE the term begins. E-mail osher@pitt.edu for access at least one week prior to the start of your course. After classes begin, please allow one week for processing. Instructions will be sent to you regarding access and use of CourseWeb.

• The week before your course begins, visit courses.as.pitt.edu to verify location, dates, and times of your courses(s). The courses and curricula described in this catalog and online are subject to change at any time by the official action of the University of Pittsburgh. OLLI is not responsible for notifying you if a course has been canceled or changes have been made in class meeting times, days, and location.

• Arrive on time and be respectful of the professor and students. This includes (but is not limited to) not eating in class, not leaving early, not dominating the conversation, being prepared for discussion, etc.

• If issues arise, please handle them respectfully and notify the OLLI office.

• Since auditors by definition cannot “participate” in the class, individuals cannot audit courses from the following departments: Computer Science, Film Studies, Physical Education, and Studio Arts.

• Adhere to all University and OLLI registration, membership, and student policies.

• Pay attention to dates and deadlines because audit courses follow the University academic calendar. Important dates for auditing the summer term are listed below. The University’s summer sessions schedule is unlike other terms. Classes are held during 4-week, 6-week, and 12-week sessions, as well as the entire term. Starting May 4, sessions begin and end at various times throughout the summer.

Key to Course Listings Online or in OLLI Lounge

AFRCNA Africana Studies = Abbreviation for department and department name
Catalog NBR = Numbers 0001–0999 are lower-level; numbers 1000–1999 are upper-level undergraduate courses
Class NBR = Five digits
Session = Summer Session

Days = M (Monday), T (Tuesday), W (Wednesday), H (Thursday), F (Friday), S (Saturday)
Bldg. = Building abbreviation; see campus map at cgs.pitt.edu/osher/map for building location. Maps also are available in the OLLI lounge.

View course descriptions online at courses.as.pitt.edu.
Two-day Writer’s Workshop: Writing From Your Own Experience
Lori Jakiela
Mondays: April 27 and May 4
11 a.m.–1:45 p.m.
Fee: $15 (Full refund if cancelled by April 20)
In this first ever OLLI at PITT workshop, you learn about the images that first gained access to your heart: memoir, life story writing, and the art and craft of writing from your own experience. Award-winning memoirist Lori Jakiela introduces participants to the challenges and joys of writing true stories from real life. Participants learn the basics of autobiographical writing through a combination of interactive lectures and readings, and enjoy creative prompts designed to kickstart your own writing.

Lori Jakiela is the author of multiple memoirs, including Belief is Its Own Kind of Truth, Maybe (Atticus 2015), as well as the poetry Collection Spot the Terrorist! (Turning Point 2012). Her work has been published in The New York Times, The Washington Post, The Pittsburgh Post-Gazette, The Chicago Tribune, and more. She is the recipient of City of Asylum’s 2015 Pittsburgh Prize, an Ippy Award for excellence in women’s memoir writing from the Independent Press Association, and has been nominated for The Pushcart Prize many times.

Pete Eberhart, JD, CFP®
Wednesday, May 6, 10 a.m.–Noon
In most likelihood, women are totally responsible for the financial and legal affairs of a couple. While this is a difficult and sensitive topic, it is important for women to be conversant on these topics before and after the death of a spouse. This seminar discusses the short- and long-term financial challenges facing a widow; the estate settlement process, and other decisions a widow must address in order to develop a confident and secure future.

The State of Loyalism in Northern Ireland Today
Tony Novosel, PhD
Monday, May 11, 10–11:30 a.m.
When we think of the conflict in Northern Ireland, we rarely think of the Protestants there, except in the terms of being sectarian bigots, “tools of the British State” or as “deluded Irishmen/women” who would realize they weren’t British once Ireland is unified. While there may be some truth in each of these characterizations, they are extremely simplistic and ignore the contested identities of Ulster Protestants; the varied, and somewhat splintered nature of Ulster Protestantism/Unionism/Loyalism in Northern Ireland; and the incredible dynamism of the grassroots organizations in the Protestant/Loyalist community. In this talk, we examine what loyalism is, discuss loyalism in the Protestant/Loyalist community, and speculate on where loyalism might go in the future.

Tony Novosel*, PhD, teaches history at the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of History. He first went to Northern Ireland in 1974 and since then has traveled there regularly. He has worked with the Business Education Initiative, a Peace and Reconciliation program in Northern Ireland and with the Northern Ireland Women’s Coalition before and during the talks that led to the Good Friday Agreement.
Abolishing the Death Penalty
Marshall Dayan, JD

Monday, May 11, 10–11:30 a.m.

While people may disagree about the morality of capital punishment, in reality, the system is completely dysfunctional, outrageously expensive, and serves no legitimate penological function. This presentation is an examination not of the philosophy of the death penalty, but an exploration of how it really works, or rather, doesn’t work.

Marshall Dayan, JD, has been actively involved in the anti-death penalty movement since 1981. He has represented people charged with or convicted of capital crimes for nearly 30 years. He was an assistant professor at North Carolina Central University School of Law, was state strategies coordinator of the national ACLU’s Capital Punishment Project, and is currently with the Capital Habeas Unit of the Federal Defender’s Office in Pittsburgh.

Giant Long-necked Dinosaurs from the Southern Continents
Matt Lamanna, PhD

Monday, May 11, 1–2:30 p.m.

Near the end of the Age of Dinosaurs, at the same time that T. rex, Triceratops, and their relatives dominated North America and Asia, very different but equally spectacular kinds of dinosaurs ruled the Southern Hemisphere landmasses. The most diverse and abundant of these were the titanosaurs—long-necked plant-eaters that ranged from the weight of a cow to the weight of a sperm whale or more. Dr. Lamanna discusses his work as part of the team of scientists that recently discovered the gigantic new dinosaur species Dreadnoughtus schrani in southern Patagonia, Argentina.

Matthew Lamanna, PhD, is a paleontologist at the Carnegie Museum of Natural History, whose most significant discoveries include the gigantic long-necked dinosaur species Paralititan stromeri and Dreadnoughtus schrani. Lamanna served as chief scientific advisor to Carnegie Museum of Natural History’s $36 million dinosaur exhibition, Dinosaurs in Their Time, and has appeared on television programs for PBS, the Discovery Channel, and the History Channel.

Body, Brains, and Bliss: How to Get the Best Health
Vonda Wright, MD

Tuesday, May 12, 10–11:30 a.m.

In this presentation, Vonda Wright, MD, demonstrates how mobility, smart nutrition, and building relationships can help us harness power to control 70 percent of our health and aging.

Vonda Wright, MD, is an orthopedic surgeon and internationally recognized authority on active aging and mobility. Dr. Wright specializes in sports medicine and her pioneering research in mobility and musculoskeletal aging is changing the way the aging process is viewed and treated. She speaks worldwide and has authored two mainstream books, Fitness After 40: How to Stay Strong at Any Age and Guide to THRIVE: 4 steps to Body, Brains & Bliss. She also regularly appears on national TV shows including Dr. Oz and The Doctors. She serves as the team doctor for the University of Pittsburgh Olympic Sports Teams and the Pittsburgh Ballet Theatre.

The Art of Leadership
William (Bill) Strickland Jr.

Tuesday, May 12, 1–2:30 p.m.

The story of Bill Strickland and the Manchester Craftsman’s Guild and Bidwell Corporation reads almost like a feel good fairy tale—an inner city youth is mentored by an exceptional individual and grows up to combine his vision of leadership and art and the ideal that a quality education and a quality environment can change a person’s life. But, the beauty of this story is that it is true and you will be just as impressed with the man as you are with the vision.

William (Bill) Strickland Jr, is president and CEO of Manchester Bidwell Corporation. In 1968 he founded Manchester Craftsman’s Guild and Bidwell Corporation in support of his original mission of empowering educational environments. Throughout his distinguished career, Strickland has been honored with 19 honorary doctorates and numerous prestigious local, national, and international awards for his contributions to the arts and the community. In 1996, Strickland received the MacArthur “Genius” award, and in 2011, he received the GOI Peace Award presented by the GOI Peace Foundation in Tokyo, Japan. His book, Make the Impossible Possible was published in 2007.

TOURS AROUND TOWN

Thursday August 6

11 a.m. –2:30 p.m.

Visit the National Aviary and Tour the Avian Hospital

Fee: $10 for members/$15 for nonmembers. Nonmembers must be a guest of a member. Fee is nonrefundable. Limited to 30 people.

The National Aviary is America’s premier bird zoo. The day begins with a live bird show. We then learn the compelling stories of bald eagles and other bird species. Approximately one in five bird species are currently under threat of being endangered. We learn how, like the bald eagle, humans can turn the tide. The program includes video and images of birds from the region and a visit to the bald eagle exhibit. Then we enjoy a behind-the-scenes experience that includes a tour of the Avian Hospital with a chance to ask questions of the staff. Afterward, you can stroll through the aviary on your own.
DIE TRIPS

Friday, June 26
7:15 a.m. to 6:30 p.m.
Tour Fort Necessity and Fort Ligonier with Jared Day
Fee: $85 members/$90 nonmembers (includes motorcoach transportation, all tours and admissions, and lunch at the Stone House)
This trip to Fort Necessity and Fort Ligonier examines what Winston Churchill considered the “first global war.” It involved the two most powerful European empires of the 18th century: Great Britain and France, and the outcome would determine the fate of North America, the course of native-European relations for generations to come, and impact many other parts of the world. Jared Day, PhD, adjunct professor in the Department of History at Carnegie Mellon University, offers background on the war during our trip. There will be time to explore both Fort Necessity and Fort Ligonier and their respective museums, which will include tours and special programs. We lunch at the historic Stone House. The day involves moderate walking but if you choose to, you may stay in the museums. Seating will be available. This tour runs rain or shine.

Jared Day*, PhD, is adjunct professor in the History Department at Carnegie Mellon University and is a historical consultant, conducting research on urban, environmental, and regulatory issues for clients.

Wednesday, August 19
6:15 a.m.–9 p.m.
Day at Chautauqua Institution featuring Richard Engel, chief foreign correspondent, NBC News
Fee: $115 for members/$125 for nonmembers (includes motorcoach transportation, lunch, and admission)
Registration deadline and last day to withdraw for a full refund: August 1.
Spend a day at Chautauqua Institution, a summer retreat promoting the arts, education spirituality, and recreation. We arrive in time to hear the morning speaker, Richard Engel, NBC News chief foreign correspondent, speak on the Middle East. Richard Engel is widely regarded as one of America’s leading foreign correspondents for his coverage of wars, revolutions, and political transitions around the world. He is one of the only western journalists to cover the entire war in Iraq, and extensively covered the war between Israel and Hezbollah in summer 2006 from Beirut and southern Lebanon.
After a buffet lunch at the historic Anthanaeum Hotel, take time to stroll the grounds and view the beautiful 100-year-old cottages, walk around the lake, attend an afternoon lecture, peruse the shops, including the book store, sit in one of the many peaceful nooks, and enjoy a giant ice cream while you people watch in an old fashioned town square. This trip involves a moderate amount of walking and will run rain or shine.

INSTRUCTOR BIOGRAPHIES

Joseph Adler* has facilitated a dozen film courses for OLLI in the past seven years. A retired human rights professional, he has been a filmmaker, film society organizer, and former board member of JFilm, the Pittsburgh Jewish film Festival.

Dona Albert has been cooking since she was a child and a vegetarian cook for 26 years. She wanted to eat more compassionately, but it all still needed to taste great! She loves to cook because she loves to EAT!

Eleni Anastasiou* has been teaching for the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of English for more than 16 years. She has taught a variety of literature courses, including poetry.

Jeff Aziz*, PhD, is a lecturer in literature at the University of Pittsburgh. He has taught a broad spectrum of courses and is a recipient of the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of English Distinguished Teaching Award.

Emily Bailey*, is a doctoral candidate in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of Religious Studies, having focused on the intersections between food and religion throughout her MA and PhD work.

Elaine Bergstrom* holds certification for K–12 art education and botanical illustration. She is an art instructor of adults and children for several programs located throughout the region.

Lisa Brown is the watershed coordinator for Saw Mill Run, where she works with communities to identify opportunities for storm water mitigation. She received a BS in biology from Chatham University and is currently a PhD student at the University of Pittsburgh in administrative and policy studies.

Shelly Renee Brown is an outreach coordinator at the University of Pittsburgh and a board member of the Pennsylvania Coalition Against Domestic Violence. A retired police officer, she continues to serve the community as an advocate for families in crisis. She is a third-year doctoral student at Duquesne University.

E. Maxine Bruhns* has been director of the Nationality Rooms Program since 1965. Born in West Virginia, she married a Berliner who, as a teenager, was imprisoned for two years for anti-Nazi activity. The Bruhns lived and worked with the United Nations High Commissioner For Refugees and USAID for 15 years before coming to Pittsburgh.

*Indicates that the instructor has taught an OLLI course previously.
Monica Calero*, PhD, is a research assistant professor at the University of Pittsburgh School of Medicine, Department of Structural Biology. She completed her teacher-training program, teaches yoga in her neighborhood, and continues to attend workshops and diligently study every aspect of yoga.

Jerod Caligiuri is a PhD candidate studying cosmology at the University of Pittsburgh. He taught at all levels of high school prior to graduate school. He is a member of the Atacama Cosmology Telescope collaboration and a Buhl Academy of Science Education Fellow.

Kathy Callahan*, an OLLI member since 2013, recently retired from management consulting with Fortune 200 companies. She worked in areas of executive and leadership development and performance improvement. A participant in the first TED talks class and leader of the second, she is inspired to share this experience again with folks interested in TED talks and discussing them.

Owen Cantor*, DMD, was founder and music director of the Summerfest Chamber Music Festival, which presented 14 summers of great chamber works in Fox Chapel, and for 10 summers, he was a participant and trustee at the Chamber Music and Composers Forum at Bennington, Vermont.

Sara G. Casey, PhD in historical musicology, has an ongoing interest in music history from the Medieval period on, the role of women in music, music in popular culture, and most recently, music of the American Civil War.

A. Barbara Coyne, PhD, MSN, has a long-held interest in all things related to the unfolding of the human condition. She nurtured that interest from her study and work as a nurse and throughout four earned academic degrees, teaching, and her independent counseling practice.

Robert Croan*, PhD, is a senior editor (former classical music critic) of the Pittsburgh Post-Gazette and retired professor at Duquesne University. He studied singing with Metropolitan Opera basso Gerhard Pechner and Danish tenor Aksel Schiotz. He is a correspondent for Opera News and a past president of the Music Critics Association of North America.

Zelda Curtiss is a retired Department of Environmental Protection (DEP) lawyer. Her work at DEP spans 29 years and includes issuing orders to communities whose sewage flows into Nine Mile Run and being a part of the environmental plans for Summerset at Frick Park. She is a Board member of Three Rivers Waterkeepers.

Seth Dresbold, JD, is a partner and licensed financial advisor with Signature Financial Planning. He joined the firm after obtaining his law degree and MBA from the University of Pittsburgh. He also is a licensed attorney in Pennsylvania.

Lucinda Dyjak* is certified by the American Council on Exercise. She has a specialty certification in older adult fitness and has been teaching for more than 20 years.

Arthur Erbe*, PhD, graduated from Carnegie Mellon University with a master’s degree and doctorate in English literature. He has taught literature courses at the University of Pittsburgh for more than 30 years, including several OLLI courses. He is the founder of the Chekhov Society of Pittsburgh.

Nancy Farber,* MA in education, taught Spanish in the Pittsburgh Public Schools for more than 25 years.

Richard Fitzgibbon is a former teacher with 35-years-experience in the Riverview School District, as well as serving as technical coordinator for the district for 10 years before he retired. Since retirement, he is a frequent volunteer at Goodwill and Computer Reach.

Ivan Frank*, PhD, lived in Israel for 11 years and was drafted and served in the Israeli army. He was a Fulbright Fellow in 1998 to Israel and Jordan. He is a retired high school social studies teacher.

Christine A. Galket, MA, is an academic professional with more than 10 years of experience in teaching, human resources, communication, media, customer service, promotional, retail, nonprofit, healthcare, management, and various business fields.

Martin Gavin* is a computer owner and hobbyist since 1982. He has built, programmed, and occasionally hacked computers during that 32-year period. He is a Certified Network Engineer and holder of a Carnegie Mellon University Security Certificate. He has seven years teaching experience in computer hardware and networks at the college level.

Peter Gilmore*, PhD in history from Carnegie Mellon University in 2009, has taught history classes for the University of Pittsburgh, Carlow University, and Carnegie Mellon University. In addition, he has taught several classes for the OLLI program.

Bruce Goldstein*, PhD, taught in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of Psychology from 1970 until his retirement in 2010. His undergraduate textbooks, Sensation & Perception and Cognitive Psychology are used at more than 150 universities. He has taught OLLI courses at Pitt, Carnegie Mellon University, and the University of Arizona.

Gary Grimes* is an art historian who began compiling the “Grimes File” on Pittsburgh artists, architects, sculptors, and early photographers since 1982 almost exclusively from 19th-century Pittsburgh newspapers. His research is ongoing, amounting to more than 12,000 pages.

David Hammerstein, MBA, has served as an advisor to institutional funds for 37 years. He has helped institutions develop investment strategies, implement the strategies, and monitor the portfolio. His work experience includes Gallagher Fiduciary Advisors, Carnegie Mellon University, Boeing, and United Technologies.
Susan Hansen*, PhD, is professor emerita from the University of Pittsburgh, where she was professor of political science and women’s studies. She taught a course on women and politics annually since the 1970s at the universities of Washington State, Illinois, Michigan, and Stanford as well as Pitt, and published numerous articles and book chapters on women and politics.

Angela Hertz*, MA in Italian, lived and studied in Florence, Italy. She has taught Italian at the University of Pittsburgh.

Charles Hier*, PhD, teaches courses at the University of Pittsburgh and Akron University, including 20th Century World History and Western Civilization II that incorporate these topics.

Natalia Hudelson*, PhD in ancient history, brings an archaeological perspective to teaching and to her own research because of her excavation experience in Pompeii, Italy and Arcadia, Greece.

Gabi Hughes* is an environmental educator with Audubon Society of Western Pennsylvania. She has 15 years of experience facilitating natural history and ecology programs both indoors and in the field for people of all ages.

John (Jno) L. Hunt*, PhD in musicology from the University of Michigan, also has a Bachelor of Music degree in performance on the clarinet from the University of North Texas. He was a professor at St. Olaf College and at Carnegie Mellon University. Recently, he was adjunct professor of music history at Chatham University.

Jose Juves* is a devoted student of history, a talented instructor, and a native Spanish speaker. As an instructor, he particularly focuses on the interplay between historical events and historical figures; that is, how the environment shapes historical figures as well as how those figures affect society’s perception of history.

Megan Kappel*, MFA in screenwriting, teaches public and professional writing at the University of Pittsburgh and volunteers as a writing tutor with the Greater Pittsburgh Literacy Council. Kappel has studied film and television under writers and producers of the TV shows GREY’s Anatomy (ABC Family) and Treme (HBO).

Gregory Kerpchar* was employed by the Pennsylvania Crime Commission as a Special Agent from 1978 to 1983 carrying out organized crime and public corruption investigations. He has been employed by the Office of Attorney General as a Special Agent assigned to the Bureau of Criminal Investigation. He was deployed with the FBI to the Joint Intelligence Interrogation Facility, Guantanamo Bay Naval Air Station, Cuba as an interrogator of members of Al-Qaeda.

Peter King*, MA in jazz guitar performance, has pursued careers as a musician, music teacher, and music journalist. He performs frequently in the Pittsburgh area and has released two CDs, Dancing on a Long Leash and The Road to Ubatuba. He also was a writer and editor for the Pittsburgh Post-Gazette and the Pittsburgh Press.

Richard King, PhD in psychology, is the director of Mindful Pittsburgh. In 1972, he began meditating, studying yoga, and practicing Buddhism. During his time as a stay-at-home-dad for his three children, King began studying the mindfulness books of a Buddhist poet and monk, Thich Nat Hanh.

Edward Knight, MA in public history, is currently the executive director of Ohio Valley Heritage and Landmarks, a Western Pennsylvania-based historical organization. His noteworthy past experience as an instructor includes four years as an award-winning lecturer at the United States Armed Forces School for Intelligence in Ayer, Mass.

Ram Kosowskys* PhD, is a native of Israel and has lived in Pittsburgh since 1966. He has traveled extensively to near and far away lands, usually with a group that included an active archeologist. He is the current president of the Biblical Archeology Society of Pittsburgh.

Howard A. Kuhn, PhD, is an adjunct professor at the University of Pittsburgh and technical adviser to America Makes (National Additive Manufacturing Innovation Institute), and a research consultant at The ExOne Company. He has more than 50 years of experience in manufacturing R&D and production, with the last 15 years focused on additive manufacturing.

Nicholas Lane*, MS in modern history from Oxford University is interested in geopolitics, the intersection between history, geography, and politics. He developed a special interest in the French colonial empire in Africa (before and after it collapsed). He has served as a member of historical commissions covering the period of the Second World War in both Estonia and Lithuania.

Marty Levine teaches online for Creative Nonfiction magazine and has published more than a thousand articles, from history to journalism to humor, everywhere from the Pittsburgh Post-Gazette to Time magazine. His work has won nearly three dozen journalism and literary awards.

Linda Marcus* has been an educator, writer, and speaker for more than 30 years. Presently, her work focuses on lyric writing for the school and choral markets as well as for inspirational and church organizations. She has collaborated with many composers, and her words have been sung internationally.

Abby Mendelson*, PhD, has been a writer, editor, and educator for more than 40 years. He has published both fiction and nonfiction on a variety of topics and has taught both writing and literature at the University of Pittsburgh, Point Park University, Robert Morris University, LaRoche College, and Chatham University.

Rachel Miller* is an instructor and a PhD candidate in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of History and Architecture. She has been studying 17th-century Catholic art, and her PhD dissertation examines the international cult of St. Francis Xavier, the first Jesuit missionary to Asia.

Adam Reger*, MFA in fiction writing, has taught writing at the University of Pittsburgh and the Pittsburgh Center for the Arts and has published a number of short stories.
Cathy Reifer* started practicing Vinyasa Flow Power Yoga in 2006. She completed The Amazing Yoga Level 1 at Maya Tulum in November 2013. She believes yoga can be a great asset in helping her to accept the transitions of aging, body, mind, and spirit with grace, strength, and gratitude.

Adam Reinherz*, JD, MA, MST, has written and lectured on Renaissance and Early Modern religion and literature. He is a recipient of the Bethune-Baker Fund from the University of Cambridge Faculty of Divinity, and has taught many OLLI courses.

Miles Richards* PhD, taught history at universities and colleges in South Carolina. He has published numerous articles and monographs on United States history.

Stephen Russell is an educator from teacher to principal to superintendent of schools. He also is an historian of political, Hollywood, and sports culture; a consultant to ESPN Sports Century, Turner Classic Movies, Peter Jones Productions, and Hofstra University’s presidential conferences. He has received acknowledgement in numerous publications and has presented at numerous workshops.

Sue Schneider is a Certified Zentangle Teacher® (CZT) and an experienced artist, teaching and exhibiting in Pittsburgh and Western Pennsylvania for many years. She is the organizer of Zentanglers in Pittsburgh, a meet-up group of Zentangle® enthusiasts.

Cathy Sendek-Sapp* has taught French at the University of Pittsburgh as a teaching fellow and part-time instructor as well as for noncredit lifelong learning.

David Shifren* has an MFA in fiction writing and teaches in the graduate writing program at Seton Hill University. He is a former film reviewer for The Film Journal and screener for CBS/Fox Video and a recipient of a 2006 Pennsylvania State Council on the Arts grant in screenwriting.

Marc Silverman*, MS in art history and library science, is interim director of the Barco Law Library at the University of Pittsburgh where he organizes several art exhibitions each year in the library gallery and also teaches a course on legal research for the School of Law. Early in his career, he was a commercial photographer.

Robert Stevens* has a MFA in creative writing/fiction, teaches in Chatham University’s MFA in Creative Writing Program and at the University of Pittsburgh’s Writing Center. He has published several short stories, recently completed a themed collection of stories, and is revising a novel.

Roxanne Swann is an environmental botanist and horticulturist with the Audubon Society of Western Pennsylvania. As coordinator of the Audubon Center for Native Plants, her mission is to propagate plants for the landscape and promote awareness of the importance of native plants.

Stanley Swartz* has been studying and teaching T’ai Chi Ch’uan in the United States and abroad for more than 30 years. He teaches beginning through advanced level classes and has taught classes specifically for older adults through several local programs.

Marc Tannenbaum is a senior partner with Signature Financial Planning. He provides comprehensive wealth planning advice to high net-worth individuals, small and mid-sized businesses, charitable foundations, and government institutions.

Filomena Varvaro* RN, PhD, is a gerontology health educator. She received her Graduate Certificate in Gerontology in 2009 from the University of Pittsburgh. She serves as a volunteer field instructor for the Duquesne University RNWIN nurse managed wellness center and as a certified peer leader in the Allegheny County Better Choices, Better Health program sponsored by Vintage and United Way.

David Walton* PhD, is semi-retired from the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of English, where he taught a variety of literature and writing courses over the past 20 years. He is a regular book reviewer for several national newspapers, a recipient of a National Endowment for the Arts fellowship in literature, and the author of two collections of short stories and a novel.

Germaine Watkins* is a photography teaching artist at Manchester Craftsmen’s Guild, mentor with the Still Feel Like Going On project and instructor for OLLI. His photography passions include both traditional film as well as digital photography.

Tina Whitehead*, MA in spiritual formation, has been traveling to Israel/Palestine yearly since 1997 and volunteering in East Jerusalem and Bethlehem since 2006, working with the Palestinian Christian peace movement, Sabeel, and the Bethlehem Bible College.

Rebecca Wigginton, PhD, an instructor in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of English, recently completed a dissertation on literary, medical, and legal representations of sleepwalkers in the nineteenth century.

Joyce B. Wilde, MS, is a psychologist, writer, and international speaker who helps creative professionals organize effectively and communicate authentically.

Sandra Williamson* is an international economist who served as a corporate economist at Chase Manhattan Bank, General Electric, and Mellon Bank. She taught introductory economics, international trade, and international financial policy at the Graduate School of Public and International Affairs at the University of Pittsburgh retiring as an associate professor in 2007.
MEMBERSHIP BENEFITS AND POLICIES

MEMBERSHIP BENEFITS
As a member of OLLI, you will receive all of these valuable benefits and privileges:

- Register for as many OLLI courses and discussion groups as you wish.
- Audit two undergraduate courses per term.
- Receive an OLLI photo identification card that provides access to University services including libraries and campus shuttles.
- Enjoy discounts on tickets for many cultural events.
- Meet other adults who share your interests.

MEMBERSHIP OPTIONS AND FEES

Annual Membership (three consecutive terms): $225
You save 40 percent off the single-term fees.

Annual Membership Installment Payment: Pay $125 now and the remainder with your fall 2015 registration.

Term Membership (all membership benefits, but just for the summer 2015 term): $125

Attention 2015 Spring Term Members: Convert your Term Membership to an Annual Membership by paying just an additional $100, less any discounts that apply. (Check the second installment line on the registration form.) This can be done in person, by mail, or over the telephone.

SPECIAL DISCOUNTS

Pitt Alumni Association Members: Take a 10 percent discount off the Term or Annual Membership fee. Use discount code ALU. This can be done in person, by mail, or over the telephone.

COURSE LOCATIONS

Most courses are held on campus, and your registration confirmation will include the exact course location. The locations of courses held off-campus are listed with the course descriptions.

YOUR OLLI PHOTO ID IS A VALUABLE BENEFIT!

Are you using your OLLI photo identification card to get all its benefits? Here’s what it provides:

- Your ID provides access to the Hillman Library services. You may borrow books for 14 days with one renewal. Also, with an OLLI computing account, available on request through OLLI, you can access the library’s online journals and many databases from your home computer.
- When you present your ID at The University Store on Fifth, you are not charged tax on textbook purchases. Also, you receive a 10 percent discount on popular books, excluding sale books.
- With your ID, you can take advantage of the PittArts program, which offers the opportunity to attend performances at all of Pittsburgh’s major arts organizations at greatly reduced prices.
- With your ID, you can purchase tickets at the student rate for the University of Pittsburgh Stages productions.
- With your ID, you can ride the University of Pittsburgh campus shuttles, which serve campus locations and the Oakland area.

MEMBERSHIP PARTICIPATION

OLLI courses and programs are open to anyone 50 and better. Participants have the responsibility to select programs appropriate to their abilities and interests. Participants are responsible for being in sufficient good health to undertake the activity safely and for bringing the appropriate clothing/supplies as advised.

OLLI reserves the right to limit participation in OLLI and undergraduate audit courses at the sole discretion of the director. Examples of limitations would be to limit the number of language courses a member is allowed to take to one level per language, not permit a member to take an audit course due to previous issues, or restrict participation in a course for any reason.

ADDITIONAL MEMBER BENEFITS

OLLI members now have access to the University of Pittsburgh’s Wi-Fi network. To request Wi-Fi access, you must complete the “Request Wi-Fi” form online. The link can be found at our Web site at cgs.pitt.edu/osher/members under the article “OLLI Members Now Have Access to Pitt’s Wi-Fi.” Members are responsible for adhering to all University regulations, maintaining their username and password, and troubleshooting minor issues on their own.

WAIVER REQUIRED FOR COURSES

If a waiver is required for a course due to the location or requirements for participation, members must sign the waiver in order to participate.
REGISTRATION INFORMATION AND POLICIES

OLLI COURSE REGISTRATION
You may register for an Osher Lifelong Learning Institute (OLLI) course, space permitting, until its start date. Courses are filled on a first-come, first-served basis. Some courses may be canceled due to low enrollment. We encourage you to register early. If you register for a course that is filled, you will be notified immediately.

COURSE WITHDRAWAL
You may take as many OLLI courses as you wish or as space permits. However, if you know you can’t attend an OLLI course for which you registered, please call us to withdraw.

CLASS ATTENDANCE
We urge you to attend all courses and activities for which you are enrolled. Please do not register for more courses and events than you plan to attend. Also, do not attend a course or event unless your registration has been confirmed.

CONFIRMATION AND COURSE LOCATION
You will receive a written confirmation of your course registration. For OLLI courses, the confirmation includes the exact course location and any texts or special materials required for the course. If you do not receive your confirmation, call 412-624-7308 to confirm your enrollment and the course location.

REFUND POLICY
Because full membership in the Osher Lifelong Learning Institute includes unlimited OLLI courses and an array of benefits, the membership fee is generally nonrefundable. However, if a refund is requested before any benefits have been used and before any classes have been attended, the request will be honored.

If you drop an audit course during the add-drop period and paid a fee for the course, the fee will be refunded.

Full refunds for day trips will be issued if the withdrawal occurs by the registration deadline. Withdrawals after that date will be subject to a 50 percent cancellation fee. No refunds of trips/special events will be issued if the withdrawal occurs within three business days of the trip/special event unless otherwise noted.

Membership in OLLI is nontransferable.

TEXTBOOKS AND MATERIALS
Texts and materials required by the OLLI course instructor will be indicated on your confirmation. Copies of required texts will be available at The University Store on Fifth, 4000 Fifth Avenue, in a special section for OLLI. Texts for audit courses are shelved by department, catalog number, and class number.

ACCESSIBILITY
Please call 412-624-7912 to inform us of your needs. To ensure accommodation, please contact us at least two weeks before the start of the course.

How to Register
We offer four different registration methods. We highly recommend using online registration. This is the most convenient and efficient way of processing registrations for members and staff.

ONLINE REGISTRATION: Enjoy the convenience of online registration. If you have not accessed your account online, review the procedures below. Instructions and procedures for registering online also are available on the OLLI Web site by clicking on the Register Online button or going to the Registration page.

You can purchase or renew your membership and register for courses and events. MasterCard and Visa are accepted for payment. Online registration for audit courses is available. For more information, see page 16.

BY PHONE: Call 412-624-7308 with MasterCard/Visa information between 8:30 a.m.–5 p.m. (Phone registration is not available for audit courses.)

Extended Phone Registration Hours
Beginning on Thursday, April 9, and continuing through Tuesday, April 14, Steve Lander, OLLI registrar, will be available to accept and process in-person and phone registrations from 8:30 a.m.–5 p.m. (except during lunch). On Monday, April 13, the phone will be answered from 11 a.m.–7 p.m. We hope that this provides the support for OLLI members. Phone registration times will go back to normal hours the following week, so get those registrations in early!

IN PERSON: Bring your completed form to the University of Pittsburgh, 1400 Wesley W. Posvar Hall, Monday through Friday, 8:30 a.m.–5 p.m.

NOTE: A $20 fee will be charged for any check returned by the bank.

ENJOY REGISTERING AND ACCESSING YOUR ACCOUNT ONLINE!
Take advantage of this fast and easy way to register for courses and purchase or renew your membership. If you have not accessed your online account, select the category that applies to you and follow the directions. Go to the OLLI Web site and click the View Courses & Register Online button.

If you are an OLLI member and receive e-mails from OLLI, an account has already been created for you. Once you connect to the online registration site, click Forgot your password? in the LOGIN box and follow the prompts.

If you are an OLLI member but have not shared your e-mail address with OLLI, please call 412-624-7308 and provide us with your e-mail address before using the online registration site. If you are not a member but received this catalog in the mail, please call 412-624-7308 and provide us with your e-mail address before using the online registration site.

If you are new to OLLI, welcome to the Osher Lifelong Learning Institute. Once you connect to the online site, we invite you to create an account, purchase your membership, and register for courses.
OSHER LIFELONG LEARNING INSTITUTE (OLLI) SUMMER 2015

Please complete a separate form for each registrant.

Please include your e-mail address on the registration form even if you think we already have it. And, if your address changes, be sure to send the change to OLLI. Our e-mail lists are not sold or exchanged.

Name: Dr./Mr./Mrs./Ms. ___________________________ Middle initial: ________________
(as it appears on your driver’s license)

Birth date (mm/dd/yy): __________________________ Day phone: __________________________

Email: __________________________ Cell phone: __________________________

Street: __________________________ City: __________________________ Zip Code: ____________

Emergency contact: __________________________ Phone: __________________________

How do you want to receive the following items:

<table>
<thead>
<tr>
<th>Item</th>
<th>E-mail (print address)</th>
<th>Pick up in Lounge</th>
<th>Mail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catalog</td>
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<tr>
<td>Newsletters</td>
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<tr>
<td>Confirmations</td>
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</tbody>
</table>

Olli Courses:
To register for Olli courses, check schedule on the reverse side.

Audit course enrollment

Course 1

Course Title ___________________________ Dept. _________ Catalog NBR __________

Class NBR ___________ Day/Time __________ Session __________ Bldg/Room __________

Instructor’s Permission (if applicable) Signature __________________________ Date __________

Course 2 OR ALTERNATE (circle your choice)

Course Title ___________________________ Dept. _________ Catalog NBR __________

Class NBR ___________ Day/Time __________ Session __________ Bldg/Room __________

Instructor’s Permission (if applicable) Signature __________________________ Date __________

Total Due and payment information

Please indicate your membership level and the payment amount.

Full membership

________ Annual Membership (summer, fall, spring) $225 ______

________ Annual Membership first installment $125 ______

________ Annual Membership second installment $100 ______

________ Term (summer only) $125 ______

Adjustments to membership

Less 10 percent discount ______

Discount (discount code ______) ______

Plus additional audit courses ______

Additional audit courses at $25 each + ______

Additional fees

Day at Chautauqua Institution ($115/$125) + ______

Parking at Soldiers & Sailors for Chautauqua ($10) + ______

Fort Necessity and Fort Ligonier Tour ($85/$90) + ______

Parking at Soldiers & Sailors for Fort Necessity and Fort Ligonier ($10) + ______

National Aviary Tour ($10/$15) + ______

Two-day Writer’s Workshop ($15) + ______

Donation to Olli + ______

Membership and fees total $____

Method of payment

Check, payable to University of Pittsburgh ______

Visa ______ MasterCard ______

Card Number __________________________

Security Code __________________________

Expiration Date __________________________

Signature __________________________
## CLASS BY DAY

<table>
<thead>
<tr>
<th>SESSION 1</th>
<th>SESSION 2</th>
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<tbody>
<tr>
<td><strong>Monday</strong></td>
<td><strong>Monday</strong></td>
</tr>
<tr>
<td>Drawing and Painting Flowers</td>
<td>Creative Watercolors</td>
</tr>
<tr>
<td>American Architectural History</td>
<td>Decisions, Choices, Conflicts</td>
</tr>
<tr>
<td>History of Africa</td>
<td>Restoration and Renewal (4 weeks)</td>
</tr>
<tr>
<td>Religion in Early America</td>
<td>Understanding Andrew Carnegie</td>
</tr>
<tr>
<td>Tools, Tips, and Techniques for Creative Nonfiction</td>
<td>The Art of Venice</td>
</tr>
<tr>
<td>Advanced Beginner Spanish (10 weeks)</td>
<td>The Viewpoint from Down South</td>
</tr>
<tr>
<td>Comparative Study of Ancient Near East Laws</td>
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<tr>
<td>Music of the Civil War</td>
<td>Tuesday</td>
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<tr>
<td>Nineteenth-Century Sculptors in Pittsburgh (3 weeks)</td>
<td>Additive Manufacturing/3D Printing</td>
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<tr>
<td>The Art of the Portuguese Empire</td>
<td>Nationality Rooms</td>
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<td></td>
<td>Perception, Memory, and the Mind (4 weeks)</td>
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<tr>
<td></td>
<td>Foreign Films</td>
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<tr>
<td><strong>Tuesday</strong></td>
<td><strong>Tuesday</strong></td>
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<tr>
<td>Get Strong, Get Fit, Get Moving (10 weeks)</td>
<td>How to Be Smart With Your iPhone</td>
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<tr>
<td>Beginning Level French: Communication Strategies (10 weeks)</td>
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<tr>
<td>Monster Stories of the 19th Century</td>
<td>American Opera and the Broadway Musical</td>
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<tr>
<td>The Politics of Sex (4 weeks)</td>
<td>Mindfulness Practice</td>
</tr>
<tr>
<td>Get Strong, Get Fit, Get Aerobicized (10 weeks)</td>
<td>Terrorism</td>
</tr>
<tr>
<td>T’ai Chi Ch’uan, Level 2 (10 weeks)</td>
<td>Financial Success in Retirement</td>
</tr>
<tr>
<td>Advanced Int. Conversational French (10 weeks)</td>
<td>Let’s Listen to the Movies</td>
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<tr>
<td>Reading Shakespeare: Julius Caesar</td>
<td>Person, Place, and Thing</td>
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<tr>
<td>The Lyricists of Tin Pan Alley</td>
<td>Short Stories of The Paris Review</td>
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<tr>
<td><strong>Wednesday</strong></td>
<td><strong>Thursday</strong></td>
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<tr>
<td>Westerns and Samurai Films</td>
<td>The Films of Frank Capra: The Dramas</td>
</tr>
<tr>
<td>Anatomy of Yoga (10 weeks)</td>
<td>Advanced Conversational Spanish (Juves)</td>
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<tr>
<td>TED Talks</td>
<td>Group Dynamics</td>
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<tr>
<td>Zentangle®</td>
<td>Monarchs and Other Butterflies (3 weeks)</td>
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<tr>
<td>Americana</td>
<td>Israeli-Palestine (4 weeks)</td>
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<tr>
<td>Anton Chekhov’s Short Stories</td>
<td>Quiet Fire: The Music of James Taylor</td>
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<tr>
<td>Beethoven’s Variations (3 weeks)</td>
<td>Key Economic Issues in the United States</td>
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<tr>
<td><strong>Thursday</strong></td>
<td><strong>Friday</strong></td>
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<tr>
<td>T’ai Chi Ch’uan, Level 1 (Section A) (10 weeks)</td>
<td>Introduction to Vegetarian Cooking</td>
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<tr>
<td>Advanced Conversational Spanish (Farber)</td>
<td>Medea at Corinth</td>
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<tr>
<td>Italian 2: Conversational Italian (10 weeks)</td>
<td>Five Contemporary Books I Wish I Had Written</td>
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<tr>
<td>Protecting Your Computer</td>
<td>Astronomy Through the Ages</td>
</tr>
<tr>
<td>The Last Days of Moses (3 weeks)</td>
<td>Friedrich Nietzsche (4 weeks)</td>
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<tr>
<td>T’ai Chi Ch’uan, Level 1 (Section B) (10 weeks)</td>
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<tr>
<td>Italian 4: Conversational Italian (10 weeks)</td>
<td>Events</td>
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<tr>
<td>Beginner Spanish (10 weeks)</td>
<td>Estate Planning Seminar: Women in Widowhood</td>
</tr>
<tr>
<td>Ekphrasis: Poetry on Art</td>
<td>Our First Settlers: Who Were They?</td>
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<tr>
<td>Using Mindfulness to Get and Stay Organized</td>
<td>The War in Ireland</td>
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<tr>
<td>The Life and Films of Milos Forman</td>
<td>Abolishing the Death Penalty</td>
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<td>Giant Long-Necked Dinosaurs</td>
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<tr>
<td></td>
<td>Body, Brains, and Bliss: How to Get the Best Health</td>
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<tr>
<td><strong>Friday</strong></td>
<td><strong>Saturday</strong></td>
</tr>
<tr>
<td>Grief—A Different Way</td>
<td>Intermediate Digital Photography</td>
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<tr>
<td>Institutional Investment Management</td>
<td>See paid events on other side.</td>
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<tr>
<td>Intermediate Conversational French (10 weeks)</td>
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<tr>
<td>Five Living American Authors Who Bend the Form</td>
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<tr>
<td>Advocacy 101</td>
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<tr>
<td>Five Women Photographers</td>
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<tr>
<td>Stravinsky (3 weeks)</td>
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</tbody>
</table>
We Met Our Goals Together—WE DID IT!

Each year, OLLI at Pitt is very fortunate to receive the financial and in-kind support of many individuals, institutions, departments, foundations, and corporations. We cannot list everyone in this publication, but a current list of donors for the fiscal year can be found at www.cgs.pitt.edu/osher/FundraisingCampaign.

We want to say a HUGE thank you to our donors and supporters. Without you, our program would not be possible. Many individuals, more than 600 people, supported OLLI by donating their time, talents, and/or treasures. We truly appreciate your support and feel very fortunate and humbled by your belief in the organization. The staff, committee members, and members of OLLI are looking forward to next year and beyond and much of that is due to our donors and supporters.

The following information represents the giving and support for the current fiscal year through January 31, 2015.

- OLLI committee members invested more than 600 hours of their time in support of the operations of OLLI.
- Countless hours were invested by members volunteering at open houses, giving directions to new members, and assisting with tasks in the OLLI office.
- 598 individuals financially supported the campaign.
- 496 of those individuals were OLLI at Pitt members (43 percent of the membership).
- 38 instructors donated to OLLI.
- 100 percent of the OLLI staff and University leadership associated with OLLI made a personal financial contribution to the campaign.
- The campaign received a gift from the Eden Hall Foundation.
- The Bernard Osher Foundation continued its support of OLLI through technical assistance, its national network, and the proceeds from the first endowment.
- As a result of the success of the campaign, we were invited to submit the proposal for the second million dollar endowment grant eight months earlier than planned.
- The total amount raised from the Annual OLLI Fundraising Campaign was $44,541.
- The gifts ranged in size from $5 to $1,724.
- The average gift was $80.
- The gift most frequently given was $25 (147), but a close second was $50 (145).
- We had matching gifts from the Macy’s Foundation, The Merck Foundation, and Verizon.

OSHER LIFELONG LEARNING INSTITUTE AT THE UNIVERSITY OF PITTSBURGH

Our Work Is Not Done—How You Can Help!

Each year, OLLI must continue to operate and raise money in the form of individual donations and other gifts in order to operate at the level our members have come to expect. The next fiscal year will be as important as ever to support OLLI with your time, talents, and/or treasures. Here are just a few ways you can get involved:

- Serve on an OLLI committee. The committees that are especially looking for members are the Membership committee (support new members in their transition to OLLI, plan social gatherings for all members, etc.) and the Fundraising committee (develop materials for campaigns, speak to corporations/foundations about the impact OLLI has on the community, discuss ways to spread OLLI’s reach, personalize donation letters and thank yous, etc.).
- Sign up to be a helper. There are many kinds of helpers needed: open house volunteers, OLLI Ambassadors (give OLLI at Pitt tours, present information about OLLI to local groups, etc.), support our staff with various tasks (handing out catalogs, making phone calls, stuffing mailings, etc.).
- Lead a social gathering. Plan an evening out with OLLI members. As an example, choose a show that you would like to see and OLLI will market it. Make reservations at a downtown restaurant, eat dinner with some new friends, and go to a show you would have gone to anyway!
- Convene a special interest group. Choose something of interest to you (we currently have a knitter’s group, a writer’s group, and a few others). OLLI will advertise the meetings for you. Please note that the special interest groups are run at the discretion of the leader. OLLI does not oversee these groups.
- Serve as a one-time facilitator for a TED Talk session during the break periods. During the month of January, members got together, watched a few TED Talk videos, and discussed them. We are looking for members who are willing to facilitate one week each.
- Donate to OLLI. There are many ways to do this. Through an individual gift (as with the first year, the size of the gift is not as important as that fact that you give), a stock transfer, a major gift (larger gift amount pledged over a number of years), or a planned gift.

THINKING OF ANOTHER WAY TO SUPPORT OLLI? HAVE QUESTIONS OR WANT TO GET INVOLVED?
Contact Jennifer Engel, OLLI director, at jennifer.engel@pitt.edu or 412-624-7072.
Join Us for an Open House!

Learn the many benefits of Osher Lifelong Learning Institute Membership. Come to either one of the following sessions:

**Wednesday, April 15, from 10 a.m.–noon**
**Wednesday, April 29, from 5–6:30 p.m.**

Both sessions will be held at the McCarl Center, College of General Studies, 1400 Wesley W. Posvar Hall, 230 South Bouquet Street, Pittsburgh, PA 15260.

- Visit with current members.
- Become a member and register for courses.
- There is no waiting list for membership.

RSVP by calling 412-624-7308, or e-mail us at osher@pitt.edu.