

Pre-Education Requirements

Students can complete the first 60 credits required for admission to the School of Education (SOE) while enrolled in the College of General Studies (CGS). Transfer and CLEP credits will be considered upon admission. The two programs of study are:

- **Applied Developmental Psychology**
a minimum overall quality point average (QPA) of 2.5 is required to apply for admission.
- **Health and Physical Activity**
a 2.8 QPA is required to apply for admission, as well as in the prerequisite science and education courses.

Application should be made upon the completion of 45 credits. Students should speak with an academic consultant early for specific SOE application and course requirements, procedures, and deadlines. The SOE programs are full-time day programs.

For detailed descriptions, contact a CGS academic consultant or see the SOE Web site:
www.education.pitt.edu/programs.

Applied Developmental Psychology

This program of study is designed to prepare child care specialists for work in various settings: child/youth development programs, day and residential treatment programs, day-care centers, community mental health centers, preschools, detention centers, psychiatric centers, pediatric health care programs, and home-based care and treatment. The curriculum is organized into four terms of upper-division (junior and senior year) study. Undergraduates may apply after completing 60 credits of coursework that should include: English composition, developmental psychology, and other courses broadly distributed in the humanities, social and natural sciences. Once admitted into the program, specialized courses in child care and child development are then taken to prepare the student for the internship, (up to 600 hours during their senior year working and learning in programs for children, youth, and families).

Health and Physical Activity

The Movement Science program offers a Bachelor of Science degree with two specializations: Exercise Science, and Wellness.

Exercise Science:

The Exercise Science specialization trains movement specialists to help all individuals achieve an optimal level of health and well-being. This program prepares students for entry-level positions in health-fitness programs for business, community and athletic settings, or in clinical programs, which provide therapeutic exercise services to members of special populations. The Exercise Science specialization also provides a foundation for graduate study, and facilitates the development of research and clinical skills in Exercise Science/Allied Health programs.

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Revised 7/12/2005

Wellness:

The Wellness specialization has responded to the growing need to prepare health and fitness specialists for continually changing and expanding professional roles and requirements for entry level positions. The unique features of this specialization are the four options available for professional focus in the following areas: Aquatics, Fitness, Aerobics, and a combined Aerobic-Fitness option. Students are presented opportunities to specialize in an area of focus, and this provides mechanisms to obtain professional certifications that meet criteria for a fast growing and competitive field.

Undergraduate Minor Options**Wellness Minors:**

- aquatics
- aerobics
- dance
- fitness
- aerobic fitness

Coaching Minor:

Specialize in two of the following sports:

- football
- basketball
- baseball/softball
- swimming
- wrestling
- soccer
- volleyball

Requirements subject to change. Check with an academic consultant before registering.

The University of Pittsburgh is an affirmative action, equal opportunity institution.